


# March 2019 Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese Lasagna Garden Romaine Salad Pineapple Milk
4 Veggie Chili Shredded Cheese WG Cornbread Sliced Cucumbers Apple Milk	5 BBQ Chicken WG Couscous Green Beans Diced Pears Juice	6 WG Grilled Cheese Sandwich Tomato Soup w/Rice Orange Milk	7 Hamburger WG Buns French Fries, Ketchup Banana Juice	8 Hard Boiled Eggs WG Pasta Salad Tossed Spinach Salad w/ Veggies Pineapple Milk
11 WG Enchilada Bake- Casserole Romaine Salad Apple Milk	12 Sweet & Sour Chicken Brown Rice Glazed Sweet Carrots Diced Peaches Juice	13 Oven Fried Fish WG Israeli Couscous Peas & Carrots Tartar Sauce Orange Milk	14 Sloppy Joe WG Buns Creamy Coleslaw Banana Juice	15 Tuna Salad/Egg Salad WG Pita Lentil-Mushroom Soup Pineapple Milk
18 WG Mac N Cheese Split Pea Soup Apple Milk	19 Chicken Fajitas w/Corn Refried Beans & Shredded Lettuce WG Wrap Diced Pears Juice	20 Tuna Patties WG Israeli Couscous Baked Sweet Potato Orange Milk	 <p>21 Purim/Half Day Chicken Schnitzel Brown Rice Garden Salad Banana, Juice Hamentashen</p>	22 Hummus Falafel WG Pita Israeli Salad Pineapple Milk
25 WG Spinach Noodle Kugel Minestrone Soup Apple Milk	26 Baked Herb Chicken Brown Rice Green Beans Diced Peaches Juice	27 Veggie Chili Shredded Cheese WG Tortilla Chips Baked Potato Orange Milk	28 Hamburger Sliders WG Buns Coleslaw (No Mayo) Ketchup Banana Juice	29 Cheesy Baked Ziti Sautéed Peas & Mushrooms Pineapple Milk

Whole, unflavored milk is served to 1 year olds, Skim, unflavored milk is served to children ages 2 and older.  
WG=Whole Grain

This institution is an equal opportunity provider and employer