

February 2019 Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese Lasagna Garden Romaine Salad Pineapple Milk
4 Veggie Chili Shredded Cheese WG Cornbread Sliced Cucumbers Apple Milk	5 <i>Rosh Chodesh</i> BBQ Chicken WG Couscous Chopped Veg Salad Diced Pears Juice	6 WG Grilled Cheese Sandwich Tomato Soup w/Rice Orange Milk	7 WG Spaghetti & Meat Sauce Green Beans Banana Juice	8 Tuna Salad w/Eggs WG Pita Split Pea Soup Pineapple Milk
11 WG Cheese & Bean Burrito Romaine Salad Apple Milk	12 Sweet & Sour Chicken Brown Rice Glazed Sweet Carrots Diced Peaches Juice	13 Oven Fried Fish WG Israeli Couscous Peas & Carrots Tartar Sauce Orange Milk	14 Sloppy Joe WG Buns French Fries Banana Juice	15 WG Cheesy Baked Ziti Tossed Spinach Salad w/Veggies Pineapple Milk
18 No School Teacher In-Service.	19 Stir Fry Chicken & Vegetables WG Sesame Noodles Diced Pears Juice	20 Spinach Cheese Squares WG Rolls Lentil-Mushroom Soup Orange Milk	21 Meatloaf WG Couscous Baked Sweet Potato Banana Juice	22 Hummus Falafel WG Pita Coleslaw (No Mayo) Pineapple Milk
25 WG Cheesy Kugel Sweet Potato Soup Apple Milk	26 Baked Herb Chicken Brown Rice Garden Romaine Salad Diced Peaches Juice	27 WG Tuna Casserole Peas & Mushrooms Orange Milk	28 Hamburger Slider WG Buns Creamy Coleslaw Ketchup Banana Juice	

Whole, unflavored milk is served to 1 year olds, Skim, unflavored milk is served to children ages 2 and older.
WG=Whole Grain

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