

January 2019 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Winter Break Child Care Only WG Cheese Sandwich Lentil Soup Apple Milk	1 School is Closed No Childcare	2 WG Baked Cheesy Ziti Split Pea Soup Orange Milk	3 Hamburger Sliders WG Buns French Fries Ketchup Banana Juice	4 WG Tuna Casserole Baked Sweet Potato Pineapple Milk
7 Veggie Chili WG Tortilla Chips Romaine Garden Salad Apple Milk	8 BBQ Chicken Brown Rice Corn Salad Diced Pears Juice	9 Oven Fried Fish WG Israeli Couscous Spinach Salad Tartar Sauce Orange Milk	10 Sloppy Joes WG Buns Tri-Color Coleslaw Banana Juice	11 Hard Boiled Eggs WG Macaroni Salad Butternut & Veg Soup Pineapple Milk
14 WG Mac N' Cheese Garden Romaine Salad Apple Milk	15 Chicken Schnitzel Brown Rice Peas Diced Peaches Juice	16 Egg & Tuna Salad WG Rolls Sliced Tomatoes Cucumbers, Pickles Orange Milk	17 Meatloaf WG Couscous Glazed Carrots Banana Juice	18 Hummus Falafel WG Pita Israeli Chopped Salad Pineapple Milk
21 Spinach Cheese Squares WG Rolls Butternut & Sweet- Potato Soup Apple Milk	22 Stir Fry Chicken & Vegetables WG Sesame Noodles Diced Pears Juice	23 WG Cheese Lasagna Spinach Salad Orange Milk	24 Beef & Bean Chili WG Tortilla Chips Baked Potato Banana Juice	25 WG Grilled Cheese- Sandwich Tomato Soup W/ Rice Pineapple Milk
28 WG Cheesy Kugel Vegetable Barley Soup Apple Milk	29 Chicken Salad WG Buns Sliced Tomatoes, Cucumbers, Pickles Diced Peaches, Juice	30 WG Cheese & Bean Burrito Romaine Salad Orange Milk	31 WG Spaghetti & Meat Sauce Green Beans Banana Juice	

Whole, unflavored milk is served to 1 year olds
 Skim, unflavored milk is served to children ages 2 and older
 WG=Whole Grain

This Institution is an equal opportunity provider and employer