



Breakfast 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal: Corn Flakes Orange Milk	3 Bread & Jam Canned Pears Milk	4 Cinnamon Raisin- Oatmeal Banana Milk	5 Banana Bread Apple Milk	6 CoCo Wheat Apple Sauce Milk
9 Cereal: Rice Krispies Orange Milk	10 Baked Eggs Canned Peaches Milk	11 Pancakes Banana Milk	12 Cinnamon Raisin Pasta Apple Milk	13 Apple Muffins- Squares Apple Sauce Milk
16 Cereal: Cheerios Orange Milk	17 French Toast Canned Pears Milk	18 Carrot Bread Banana Milk	19 Baked Cinnamon- Oatmeal Apple Milk	20 Matzo Brei Apple Sauce Milk
23 Cereal: Corn Flakes Orange Milk	24 Couscous w/Raisins Canned Peaches Milk	25 Apple Sauce Muffins Banana Milk	26 Pancakes Apple Milk	27 Cream of Wheat Apple Sauce Milk
30 Memorial Day No School	31 French Toast Canned Pears Milk			

Whole, unflavored milk is served to 1 year olds
Skim, unflavored milk is served to children ages 2 and older



2022 Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 (WG) Grilled Cheese-Sandwich Tomato Soup W/Rice Banana, Milk	3 Stir Fry Chicken & Veg (WG) Sesame Noodles Apple, Milk	4 (WG) Cheese Lasagna Garden-Romaine Salad Pineapple, Milk	5 Meatloaf (WG) Israeli Couscous Peas & Carrots Orange, Milk	6 Cheese & Beans Enchilada-Casserole Corn Cuties Clementine, Milk
9 (WG) Pizza on Pita Garden Spinach Salad Banana, Milk	10 Sweet & Sour Chicken Brown Rice Glazed Carrots Apple, Milk	11 Vegetarian Chili Shredded Cheese (WG) Tortilla Chips Sliced Cucumbers Pineapple, Milk	12 Sloppy Joe (WG) Bun Creamy Coleslaw Orange, Milk	13 (WG) Mac N' Cheese Minestrone Soup Cuties Clementine, Milk
16 (WG) Cheesy Baked Ziti Garden-Romaine Salad Banana, Milk	17 BBQ Chicken Brown Rice Corn Apple, Milk	18 Dairy Quiche Split Pea Soup WG Roll Pineapple, Milk	19 (WG) Spaghetti & Meat-Sauce Green Beans Orange, Milk	20 Tuna & Egg Salad WG Pita Potato Soup Cuties Clementine, Milk
23 Baked Potato w/ Cheese Topping Baked Beans Banana, Milk	24 Chicken Tikka Brown Rice Peas Apple, Milk	25 (WG) Mac N' Cheese Mix Vegetables Pineapple, Milk	26 Hamburger Sliders (WG) Bun French Fries, Sliced Tomatoes Orange, Milk	27 Hummus, Falafel Balls (WG) Pita Israeli Salad Cuties Clementine, Milk
30 Memorial Day No School	31 Baked Herbed Chicken Brown Rice Baked Sweet Potato Apple, Milk			

Whole, unflavored milk is served to 1-year olds
 Skim, or low fat (1%) unflavored milk is served to children ages 2 and older
All Grain items served are whole Grain-rich/enriched

 **On Tuesdays & Thursdays milk for lunch is served at 10:30 am (an hour before Lunch is served)**

Jewish Beginnings is an equal opportunity provider and employer



May Snack 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sliced Cheese Snack Crackers <hr/> Animal Crackers Milk	3 Wheat Crackers Hummus <hr/> Tea Biscuits Orange	4 Yogurt Canned Peaches <hr/> Rice Cakes & Jam Milk	5 Tortilla Chips Salsa <hr/> Apple Sauce Graham Crackers	6 Cereal: Cheerios Milk <hr/> Second Snack: Banana Tea Biscuits
9 Cottage Cheese Pineapple <hr/> Second Snack: Animal Crackers Milk	10 Baked Cinnamon Pita Sliced Orange <hr/> Second Snack: Tortilla Chips Salsa	11 Pasta Salad Milk <hr/> Second Snack: Canned Peaches Yogurt	12 Wheat Crackers Hummus <hr/> Second Snack: Apple Sauce Graham Crackers	13 Cereal: Cheerios Milk <hr/> Second Snack: Sliced Cheese Snack Crackers
16 Baked Cinnamon Pita Milk <hr/> Second Snack: Cottage Cheese Pineapple	17 Pita Hummus <hr/> Second Snack: Graham Crackers Cuties Clementine	18 Oven Roasted Potatoes Shredded Cheese <hr/> Second Snack: Cereal: Rice Krispies Milk	19 Tortilla Chips Salsa <hr/> Apple Sauce Graham Crackers	20 Yogurt Canned Pears <hr/> Tea Biscuits Milk
23 Rice Cakes & Jam Milk <hr/> Pasta Salad	24 Egg Salad Snack Crackers <hr/> Animal Crackers Orange	25 Cereal: Cheerios Milk <hr/> Cottage Cheese Canned Peaches	26 Pita Hummus <hr/> Apple Sauce Graham Crackers	27 Alef-Beit Biscuits Milk <hr/> Banana Yogurt
30 Memorial Day No School	31 Baked Garlic Pita Salsa <hr/> Second Snack: Alef-Beit Biscuits Orange			

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